

# Volleyball

**Team Composition** -There must be 3 men and 3 women on the court at all times.

## **Event Rules**

1. Either single elimination or double elimination format will be used, depending on the number of entries.
2. Rally scoring will be used which means every rally scores a point for a team, regardless of who is serving.
3. Best of 3 games will be played with the first two games being played to 21 by rally points, win by two, with a cap of 25 points (a game can be won by the score of 25-24). If the first two games are split, a 3<sup>rd</sup> game to 15 will be played, win by 2, with a cap of 20 points.
4. A team arriving more than 5 minutes past the scheduled time will forfeit the first game. A team arriving more than 10 minutes late will forfeit the match.
5. Held balls, carries, net violations, foot faults, etc. will be called
6. **If there is more than one hit on a side, one hit must be by a woman**
7. Players cannot block or spike the opposing team's serve
8. Serves that hit the net are playable
9. All objects around the court are automatically considered out of play when the ball hits them except for the raised basketball hoop above the net (when playing on the half-courts), lights, and the ceiling.
  - a. Teams can play the ball off of the ceiling, lights, and the hoop above the net only if they have not already had 3 hits and the ball does not go to the opponent's side directly after hitting one of these objects.
  - b. If the ball gets stuck on the hoop, it is a replay.
10. Players cannot touch the net when making a play on the ball. If opposing players both hit the net, it is a replay.
11. Players may reach above the net and hit the ball as long as the WHOLE ball is not on the opponent's side.
  - a. However, a Team A player can reach over the net and hit the ball on the other Team B's side as long as the ball is on its way to Team A's side without another play being able to be made by Team B.
12. Player's feet can crossover the net line as long as a PART of their foot or body stays on their own side and it does not interfere with play.
13. Back Row players can spike the ball as long as they jump from behind the attack line (lines 10 ft from the net)
14. Teams can rotate players in as long as they substitute for the same gender player each time. Subs must enter at the serving position.
15. Each team will have 2 time outs per match
16. The height of the net will be 7'10"
17. NCAA rules will apply in instances not addressed here