



Guidelines for August 1-27 (Stage 4.5 Back on Track Indiana Plan)

- All YMCA staff members will be required to take their temperature when arriving for work and record it. A temperature of 100 or more will result in the employee being sent home.
- All YMCA staff members will be required to wear face coverings at all times.
- Increased cleaning procedures will be in place including regular misting of all facility areas at the end of business with EPA registered broad spectrum disinfectant.
- All events with anticipated participation of 250 or more will be cancelled.
- Facility Rentals will take place. Accommodations will be made for number of people. Bounce house is not an option.
- Open Gym hours will be limited with a max of 12 people per 1/2 court and the curtain will be in place.
- Open Basketball will begin on Wednesday, September 2nd.
- Youth must be at least 14 years old to be in the facility without a parent or guardian.
- Nationwide members will be accepted.
- New memberships will be sold.
- Must keep social distance while in the building especially when using the Wellness Center. Wellness Center equipment will be required to be cleaned after each use. Members will receive a bottle of Sanitizer upon entering along with a cleaning towel. These will remain with the member throughout their visit to clean everything they used while in the Wellness Center. Upon leaving both will be returned to the Wellness Desk for cleaning.
- Cardio and weight equipment will follow social distancing guidelines; number of pieces will be limited.
- 24/7 entrance will be available, but members must abide by social distancing guidelines and cleaning recommendations.
- Our pool will remain open. Please use social distancing practices in the locker rooms and whirlpool. Whirlpool will be limited to one person at any time. Sauna will be closed.
- Our Group Fitness and Aqua Fitness classes will be conducted, but may be limited in size due to social distancing practices. Yoga class participants are asked to bring their own mat, towel and bolster if needed due to lack of available equipment at this time. Other

class participants are asked to bring their own towel and water bottle. Senior Classes may be limited.

- Youth Programs will take place with reduce number of participants due to social distancing practices. Youth programs for children under 3 are suspended.
- Raquetball Doubles Play will continue.
- Pickleball Doubles Play will continue.
- Open Volleyball continues for Adults but only one net will be in place.
- Batting cages will be open. Kids must bring their own helmets and bats. Cleaning procedures will be in place.
- We may need to limit the number of people inside the facility to comply with CDC's social distancing recommendations, so access may be restricted during peak times. Our peak times are generally between 8:00 am – 11:00 am and 3:30 pm – 7:00 pm.
- Child Watch will open with a max size of four children at one time. Time limit will be 60 minutes. Ages 3-8. Shared toys and books will be removed. Reservations will be required, 24 hours in advance.
- Outdoor playground will be open for use by kids enrolled in YMCA programs only.
- These guidelines are put in place to keep everyone safe during this time and will be enforced as we see appropriate if not followed. All guidelines are subject to change.