

# Lifeguard

**Job Title: Lifeguard**

**Supervisor: Aquatics Director**

General Function

Under the direction of the Aquatics Director, the lifeguard is responsible for providing a safe environment for all participants in and around the pool.

**Requirements:**

- Must be at least 16 years of age,
- Must possess current YMCA Lifeguard certificate, or Red Cross Lifeguard certificate, including CPR and first aid.
- Ability to remain alert, with no lapses in consciousness, and sit for extended periods of time in an elevated chair.
- Ability to move to various locations, including in and around an elevated chair.
- Must be able to communicate verbally, including the ability to project voice across distances.
- Must be able to hear noises and distress signals, and observe all parts of water areas.
- Must be able to perform all needed rescues and survival skills.
- Ability to think in the abstract solves problems, make decisions, instruct, evaluate, supervise and remember.

**Responsibilities:**

- Know and follow the YMCA mission statement. "To put Christian principles into practice through programs that build healthy spirit, mind, and body for all."
- Know and model the four Core Values of the YMCA. Caring, Responsibility, Respect, Honesty.
- Extend courtesy and respect to all members and guest of the YMCA.
- To complete YMCA orientation and CPR/first aid training within 90 days of employment.
  - Maintain a positive attitude about the YMCA both on and off premises

**Job Segments:**

- Keep accurate records of hours worked and are responsible for finding a substitute for all absences.
- Practice preventive lifeguard procedures by following and enforcing pool rules and policies and completing a routine check of pool and deck area.
- Engage in positive public relations with participants.

- Perform rescues and emergency procedures in accordance with facility policies.
- Attend all trainings, staff meetings, and assigned guard drills.
- Support decisions and policies with fellow lifeguards, supervisors, and participants.
- Check and record water temperature and chemical levels and notify supervisor of any irregularities.
- Keep accurate statistics daily.
- Document all accidents/incidents on proper form and report to supervisor immediately.
- Perform all maintenance as assigned.
- Perform other duties at the request of the Aquatics Director as related to the lifeguard position.

**Effects on End Results:**

Success in this position will result in quality programs with an increase in participants. As a result there will be a higher community and member satisfaction for the YMCA aquatic activities.

Job Type: Part-time

Salary: \$8.00 to \$8.50 /hour