



# DECATUR COUNTY FAMILY YMCA CORPORATE PARTNERSHIP

## PLAN OPTIONS

Incentives are Available for the Corporation to use from January to December. Unused incentives will not carry over. Corporations can purchase Ala Carte Options for additional incentives. All Corporations will receive our "60 in 6" incentive, January, February, May and September.

#### Level 1:

### Corporations with 25 Employees or less:

- Basic YMCA membership, with 24/7 access available for an additional \$15 key fob purchase.
- Quarterly YMCA facility tracking
- Quarterly Corporate Newsletter
- ◆ \$50 discount of Corporate Challenge
- YMCA will host a "Corporate Open House Week"

   Employees will get a FREE week pass to the
   YMCA. Employees will just need to present
   proof of employment for tracking purposes. We can pick the week, or you may choose,
   restrictions may apply depending on time of year.
- 4 2− 1 day passes available to hand out
- FREE Blood Pressure Self-Monitoring Program for Employees
- FREE Lunch and Learn

#### For more information, please contact:

Dawn Ernstes
DECATUR COUNTY FAMILY YMCA
1 YMCA Way
Greensburg, In 47240
812-663-9622 x 19
dawnb@dcfymca.org



#### Level 2:

### <u>Corporations with 50 Employees</u> <u>or less:</u>

- Basic YMCA membership, with 24/7 access available for an additional \$15 key fob purchase.
- Quarterly YMCA facility tracking
- ♦ Quarterly Corporate Newsletter
- \$50 discount of Corporate Challenge
- "Corporate Open House Week"
- ◆ 2- 1 day passes and 1- 1 week pass available to hand out
- FREE Blood Pressure Self-Monitoring Program for Employees
- 2- FREE Lunch and Learn Classes



#### Level 3:

### <u>Corporations with 75 Employees</u> or less:

- Basic YMCA membership, with 24/7 access available for an additional \$15 key fob purchase.
- ♦ Monthly YMCA facility tracking
- ♦ Quarterly Corporate Newsletter
- ◆ \$50 discount of Corporate Challenge
- "Corporate Open House Week"
- → 3- 1 day passes and 1- 2 week pass available to hand out
- FREE Blood Pressure Self-Monitoring Program for Employees
- ♦ 3- FREE Lunch and Learn Classes
- 1- FREE 2 hour rental of choice during business hours

#### Level 4:

### Corporations with 100 Employees or less:

- Basic YMCA membership, with 24/7 access available for an additional \$15 key fob purchase.
- Monthly YMCA facility tracking
- ♦ Quarterly Corporate Newsletter
- ♦ \$50 discount of Corporate Challenge
- ◆ "Corporate Open House Week"
- → 3- 1 day passes , 1- 1 week pass, and 1- 2 week pass available to hand out
- FREE Blood Pressure Self-Monitoring Program for Employees
- ♦ 4- FREE Lunch and Learn Classes
- 2- FREE 2 hour rental of choice during business hours
- FREE league enrollment in league of choice

#### Level 5:

### Corporations with 100 Employees or more:

- Basic YMCA membership, with 24/7 access available for an additional \$15 key fob purchase.
- ♦ Monthly YMCA facility tracking
- ♦ Quarterly Corporate Newsletter
- ♦ \$50 discount of Corporate Challenge
- "Corporate Open House Week"
- ◆ 4- 1 day passes , 2- 1 week passes, and 2- 2 week passes available to hand out
- FREE Blood Pressure Self-Monitoring Program for Employees
- ◆ 4- FREE Lunch and Learn Classes
- ◆ 2- FREE 2 hour rental of choice during business hours
- FREE league enrollment in league of choice
- FREE Weight Loss Program

#### **Ala Carte Options:**

League Enrollment: \$400 for 8 weeks

Group Wellness Class: \$300 for 6 week class Team Building Activities: \$300 for 6 hours

Weight Loss Programs: \$300 for 6 week class

2-hour Facility Rental: \$175

First Aid/ CPR Class: \$25 per person

Lunch and Learns: \$25/hour

Fitness Testing for Employees (includes weight, body fat, blood pressure, cardiovascular endurance, strength assessment and flexibility): \$15 per person

All Employees of a Corporate Partner will receive a 10% discount on the 3– Weight Loss Programs offered at the Y throughout the year.