

"Y"OUR MEMBER CONNECTION

THE Y. FOR A BETTER US™

MARCH 2025

WELCOME MACKENZIE!

The Decatur Shelby County YMCA named Mackenzie Pickerrell as its new Chief Executive Officer, effective January 7, 2025. Pickerrell will succeed former CEO, Diane Hart-Dawson.

Bill Myers, Board Chair noted, "During our search for a new CEO, we looked at candidates throughout the country but Pickerrell stood out among the rest. Her energy and vision for the Decatur Shelby County YMCA is exactly what we were looking for in a leader. With Mackenzie's experience, background and enthusiasm, we are convinced that the Decatur Shelby County YMCA will have fantastic leadership for years to come."

"I am thrilled to join the Decatur and Shelby County YMCA" said Pickerrell. "The Y is the backbone to so many communities, working to improve overall health and well-being, empowering youth, and building long-lasting connections and community for all to learn, grow, and thrive. I am honored to lead the organization, building on Diane's legacy, that empowers everyone, no matter who they are or where they're from."



Mackenzie Pickerrell comes to the Y with nearly 15 years of experience in the non-profit world, she currently serves as the Executive Director at Girl Coalition of Indiana. While there, Mackenzie was the inaugural executive director for the statewide, social innovation start-up inspired by Girl Scouts. In her role, she led innovation efforts to make programming more accessible to all girls, while elevating the state of girls by launching the Indiana Girl Report and advocating for collective change for girls in the state of Indiana. Prior to Girl Coalition of Indiana, Pickerrell has worked for Girls Inc. of Greater Indianapolis, John Boner Community Center, and Boys & Girls Clubs of Indianapolis. Pickerrell holds a bachelor's degree from the University of Indianapolis and a master's degree from IU Indianapolis.

Please stop by and say hello to Mackenzie and welcome her to our YMCA family!

HEART OF OUR COMMUNITIES!



Our Annual Campaign will be starting soon! The money we raise from the Annual Campaign allows the YMCA to provide individuals and families with financial assistance due to the inability to pay in full for classes, programs and/or memberships.

We hope that all the time and effort we put into this campaign will allow our future and those of our community to shine brighter than ever! To get more information on how you can donate, please stop by the Front Desk for more details. Remember no gift is too small, and thank you for helping us "To put Christian principles into practice through programs that build a healthy spirit, mind and body for all."

To make a donation, mail your donation to 1 YMCA Way, Greensburg, IN 47240 Attn: Mackenzie Pickerrell or visit us at the Y so we can thank you in person!



DECATUR COUNTY FAMILY YMCA
(812) 663-9622
1 YMCA Way
Greensburg, IN 47240
www.decatourcountyfamilyymca.org

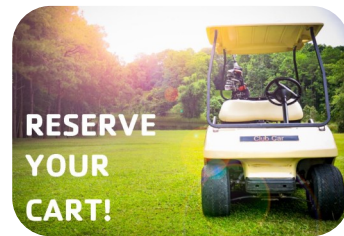
Registration begins April 1st.
YMCA GOLF CLASSIC
Thursday, June 20th, NEW DATE!
Shotgun Start at 11:00 am
Greensburg Country Club

All proceeds from the YMCA Golf Classic benefit the Annual Campaign. This campaign raises funds to provide financial assistance for families and youth. Check in 10:00 am - 10:45 am

Registration ends May 28th.

Fees: Team \$300 (in one payment)
 Individual \$80

Fees include: Green Fees
 Cart
 Refreshments/Snacks
 Lunch



TREE CITY ROLLING
TOUR & CENTURY
June 28, 2025

There are 6 routes to choose from:

1. 16 mile,
2. 34 mile,
3. **NEW! 50 mile route**
4. 67 mile- Hilly
5. 67 mile- not as hilly,
6. Whopping 100 mile route.

Those who plan to ride the 100 mile route should be on the road by 7am, the 67 mile riders between 7-8:00 am, the 34 between 8-9am and the 16 milers between 8:30- 9:30 am. SAG stops (refreshments) are provided along each route along with restrooms. A *GREAT* lunch will be provided on the riders return. This is a family event, so bring the kiddo's. Kids 13 and under riding with their parent or guardian are free! The 67 Hilly Route and Century Route are official training rides for the Annual Hilly Hundred riding event that takes place October 4th-6th!

Fees: 18+ \$35 until March 31; \$40: April 1- 30; \$45 May 1- June 26; \$50: Day of Event
 13-17: \$25 until March 31; \$30: April 1-30; \$35: May 1- June 26; \$40: Day of Event

Drift Shirts: Add \$15 to price of registration. Please add an additional \$4 if 2x or larger shirt is requested. Cut off to order a shirt is June 22nd

Register at YMCA or online at www.treecityrollingtour.org



INDY 500 MILE CHALLENGE

May 1 – May 31

It's time to celebrate the month of May and all the traditions that the Indianapolis Motor Speedway has to offer by getting our bodies revved up, striving to get as many miles of exercise as we can achieve. Challenge yourself with a personal fitness goal!

The goal: rack up as many miles as possible between May 1 – May 31!

How you'll do it: by working out at the Y as much as possible to accumulate miles with a variety of exercises! Strive to reach as close to 500 miles of exercise as you can within the month. You can accumulate miles by: using cardio equipment in the wellness center, attending group classes, water walking, swimming laps, playing racquetball, basketball, pickleball, walking and/or running, cycling, and weight lifting. Your exercise **DOES NOT HAVE TO BE DONE ON THE YMCA'S PROPERTY**. Each challenger will add their own miles and post their miles on a master log that will be located in the Wellness Center. The top three with the most mileage will receive a free car wash from Kennelly Brothers. **This challenge is for YMCA members only, and it's FREE!**

YOU'RE INVITED!

Decatur Shelby County YMCA's
Annual Meeting
Tuesday, March 25th at 12:00 PM



Scan QR code to RSVP



Lunch Provided
Cost: FREE
RSVP: Dawn Ernstes
By March 18, 2025
dawnb@dcfymca.org
812.663.9622 ext. 19

JOIN US ON APRIL 12TH FROM
11:00 AM - 1:00 PM FOR
HEALTHY KIDS DAY!

Stay for our Community Easter Egg
Hunt -

Easter Egg Hunt- April 12th FREE!

SPONSORED By: Decatur County Memorial Hospital and Cobia
Solar

Age groups: 2-3: 11:15 am; 4-6: 11:45 am; 7-9:
12:15 pm; 10-12 and Sensory Time: 12:45 pm

Summer starts here! As the school year winds down, it's time to relax, decompress, and get excited about summer programs at the Y! At Healthy Kids Day, children and families will have the opportunity to learn about the importance of healthy eating, nutrition and physical activity, mental and emotional well-being, and developing healthy habits. Fun events, games, activities, open swim, healthy snacks, contests and prizes, local vendors and community partner booths, and so much more and all free and open to the community!

the Y YMCA

HEALTHY KIDS DAY®

APRIL 12
11:00 am - 1:00 pm
FIND A SAFE, HEALTHY & FUN SUMMER AT THE Y!

FREE TO THE PUBLIC!

Local Sponsors:
Decatur County Memorial Hospital
The Georgia Care You Want. Close to You.
Cobia Solar

National Sponsor:
PEANUTS
© PNTS

www.decalurcountyfamilyymca.org

CHRONIC DISEASE PREVENTION

TAKE ACTION TO IMPROVE HEART HEALTH

Our Blood Pressure Self-Monitoring Program helps adults with hypertension lower and better manage their blood pressure. The simple process of checking and recording one's blood pressure at least twice a month has been shown to lower blood pressure in some people with hypertension. This program focuses on regular monitoring of one's blood pressure at home using proper measuring techniques, individualized support and nutrition education in an effort to reduce blood pressure and improve their quality of life. Reducing your sodium intake is an effective tool in preventing heart disease, whether you have high blood pressure, are at risk for heart disease or just want to keep your heart healthy.



Classes are **FREE** and meet **Tuesdays 8:30 am—9:00 am** in the Lobby

Nutritional seminars: March 27, April 24, May 22 and June 26

REDEFINE YOUR HEALTH, TRANSFORM YOUR LIFE

Did you know?

- About 79 million American adults have prediabetes, a condition where blood glucose levels are higher than normal.
- People with prediabetes are likely to develop type 2 diabetes within 10 years, unless they take action to prevent or delay the disease
- Diabetes is a leading cause of heart disease, stroke, blindness, kidney disease and nerve disease

The Good News...

With the YMCA's Diabetes Prevention Program, you can work with others in a small group setting to learn how to adopt habits that will improve your overall health and well-being and reduce your risk. Programs like the Diabetes Prevention Program have been shown to prevent or delay type 2 diabetes in individuals over age 60 by 70%.

Support Group and Virtual Options Available

Thursdays, June 19th– Oct 16th from 5:30 pm – 6:30 pm. Registrations begin on May 1st. Deadline to register June 2nd.

Fees: \$180 for YM and \$250 for PM



LIVESTRONG at the YMCA

Cancer is a life-changing disease that takes a tremendous physical and emotional toll on those affected. The Y and the LIVESTRONG Foundation have joined together to create LIVESTRONG at the YMCA, an evidence-based physical activity and well-being program designed to help adult cancer survivors reclaim their total health. Participants work with Y staff trained in supportive cancer care to safely achieve their goals such as building muscle mass and strength, increasing flexibility and endurance, and improving confidence and self-esteem.

By focusing on the whole person and not the disease, LIVESTRONG at the YMCA is helping people move beyond cancer in spirit, mind and body.

Meets: Mondays & Thursdays: April 28th– June 26th 1:00pm– 2:30pm

Fees: FREE

Max of 6 participants.



BRAIN AND BODY WORKS: PARKINSON'S EXERCISE PROGRAM

This is an evidenced-based fitness program for people living with Parkinson's Disease. The program is designed to empower those living with Parkinson's disease by optimizing their physical function and helping to delay the progression of their symptoms. Research shows that exercise benefits people with PD. Participating in regular exercise can help your body cope with the disease and results in stabilization or improvement of symptoms.

CHANGES PARTICIPANTS HAVE NOTICED:

- Improved posture & strength
- Improved balance & walking ability
- Help preventing falls & restore general functional ability
- Improved cardiovascular health
- May also see improvement in memory, sleep, mental health and overall quality of life

Meets: Tuesdays and Fridays

Session 4: Apr 8–May 2

Session 5: May 6– May 30

Session 6: June 3– June 27

1:00 pm – 2:00 pm

Fees: \$25 YM and \$50 PM

Fees: \$25 YM and \$50 PM

Fees: \$25 YM and \$50 PM

Wellness Coordinator: Dawn Ernstes, 663-9622, Ext. 19 dawnb@dcfymca.org

AQUATIC NEWS

American Red Cross Lifeguard Certification Class

ARC Lifeguarding course is designed to provide entry-level lifeguard participants the knowledge and skills to prevent, recognize and respond to aquatic emergencies; to provide care for breathing and cardiac emergencies, injuries and sudden illnesses. Must be 15yrs old and pass prerequisite skills test: 300 yard continuous swim of front crawl (freestyle) and breaststroke; tread water 2min using only legs also swim 20yrs to retrieve 10lbs object from deep water, re-surface and swim 20 yards on back to starting point while holding object with hands at the surface of the water, exit pool at edge in <1:40s. Certification is valid for 2yrs, LG and CPR for the Professional Rescuer. **Please bring suit, goggles, towels**
Meets: March 20: 4:30 pm - 9pm; March 22: 8am-4pm; March 23: 10am-6pm
Fees: \$325 YM and \$375 PM; fees to be collected post pre-course.



American Red Cross Lifeguard Re-Certification Class

Lifeguard and CPR for the Professional Rescuer CPR recertification course. Will perform prerequisites (as listed above). Presented in shorter format. Intended for guards who are close to expiring.
Call for an appointment **Fees: \$75 YM** **\$90 PM**

Aquatics Special Event

SAFETY AROUND WATER: FREE!! Sponsored by KB Specialty Foods

Week of March 24th-27th: 12:30 pm - 1:45 pm

Limit of 25 participants.

THIS PROGRAM IS DESIGNED FOR BEGINNING SWIMMERS Grades K-5

Participants will be grouped according to age/ability. Registration forms are to be returned to YMCA. Each participant will receive a free Safety Around Water T-shirt on the last day of class!!

Program Goal: To teach basic water safety, and swimming principles to Decatur County Youth.

BRING: Swimsuit, Towel, Goggles (optional) each day

PARENTS: For safety reasons and due to limited space, we are unable to allow observers in the pool area. You may view lessons from the lobby.



Swim Lessons: 8 week sessions:

All swim lessons are 30 minutes in length. Swimmers may register in multiple sessions for the same level to customize lessons for 1x, 2x or 3x per week.

Fee per session (8 lessons): **\$92 YM** **\$112 PM**

SUMMER SESSIONS: SIGN UPS BEGIN MAY 1st

Session 1: June 2nd- June 14th

Session 2: June 16th-June 28th

Aquatics Director: Sabrina Schorm, 663-9622, Ext. 21 sabrinas@dcfymca.org

PICKLEBALL AT THE Y

OPEN PICKLEBALL: Ages 15+

Pickleball borrows aspects from badminton, tennis and other paddle sports. Its composite paddles and whiffle ball gives it a unique dynamic that requires its own strategy.

Fees: Free YM \$4 PM per day
(10 punch card for \$25, 15 punch card for \$30)



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					(starting) 11/11/23	
8am-12pm	8am-12pm	8am-12pm	8am-12pm	8am-12pm	9-11:30am	
COMPETITIVE	RECREATIONAL	COMPETITIVE	RECREATIONAL	OPEN PLAY	OPEN PLAY	CALL FOR INFO
AFTERNOON OPEN PLAY						
Monday	Tuesday	Wednesday	Thursday			
2-4:30pm	2-4:30pm	2-4:30pm	2-4:30pm			
OPEN PLAY	OPEN PLAY	OPEN PLAY	OPEN PLAY			

UPCOMING PICKLEBALL SCRAMBLES: Saturdays beginning at 9:30 am

YM: \$10 per event PM (non-member) \$15 per event 12 person max per event

March 15th: Recreational 9:30 am-12:30 pm
 April 5th: Competitive 9:30 am-12:30 pm
 Recreational 12:30 pm-3:30 pm
 April 26th: Competitive 9:30 am-12:30 pm
 Recreational 12:30 am - 3:30 pm
 June 7th: Competitive 9:30 am-12:30 pm

LEARN TO PLAY FAMILY PICKLEBALL CLINIC

Want the whole family to learn how to play pickleball? Come join us for this FREE instructional clinic that will introduce your family to the basic rules and skills of Pickleball.

Please wear comfortable clothing and proper footwear. Equipment will be provided, or you can bring your own paddle.

This program is for parents and children ages 4th Grade and up. Child must be accompanied by parent or guardian. First come, first served. 12 participants max.

Meets: Sunday, April 27th 1:30 pm - 3:30 pm Cost is FREE, must pre-register



Pickleball Director, Deena Hamer: 663-9622, Ext. 28 deenah@dcfymca.org

PRESCHOOL/ AFTERSCHOOL/ SUMMER CAMP

PRESCHOOL

FIRST DAY OF PRESCHOOL IS AUGUST 11, 2025

Our preschool program is licensed and we are currently at a Level 3 in Paths to Quality. Our program offers child centered learning in a Christian atmosphere. It includes creative learning, music & movement, pre-writing & writing, arts and crafts, centers, and much more. All of our staff are CPR, AED, & First Aid certified and have attended a Child Abuse Prevention training. They have years of experience working with children and know how to teach children through play. The Y preschool sets individual goals and objectives for each child, in a fun and safe environment. We also offer swim time for all age groups. We maintain a 1:7 (or better) staff-to-child ratio. *Children must be age 5 on or before September 1 to enter Kindergarten. Please keep this in mind when registering your child in preschool. Please remember we offer scholarships, are CCDF voucher certified, and offer vouchers through DCS.



Non-Refundable Registration Fees: \$55 YM or PM

3/4 Year Olds:

M/W/F AM	8:45—11:15 AM	YM \$35 / week	PM \$60 / week
M/W/F PM	12-12:30 PM	YM \$35 / week	PM \$60 / week
T/TH AM	8-11:30 AM	YM \$35 / week	PM \$60 / week

4/5 Year Olds:

M-F Full Day	7AM-6PM	YM \$125 / week	PM \$150 / week
M-F AM	8:30- 11:00 AM	YM \$50 / week	PM \$75 / week
T-F PM	12:15-2:45 PM	YM \$43 / week	PM \$64 / week

AFTERSCHOOL: Registration begins May 1, 2025

After School is a safe place for children ages 5-12 years old to go after school while parents are still at work. Children are transported to the YMCA from Greensburg School Corporation, Good Shepherd, St. Mary's, and North Decatur. The YMCA offers help with homework, games, crafts and snacks. We follow the Greensburg School calendar and offer Day Camps when school is out of session. Our After school program accepts CCDF vouchers, vouchers through DCS and provides a snack daily. All children attending afterschool must have a completed and signed immunization form on file at the YMCA before they can come to the program.

Meets: Monday –Friday 3:30 pm –6:00 pm
Sibling discounts available.

First Day of Afterschool is August 5, 2025

	3 Day Rate		Full Time: 4-5 days	
	1st Child	2nd Child	1st Child	2nd Child
YM	\$40	\$30	\$50	\$40
PM	\$50	\$40	\$60	\$50

SUMMER DAY CAMP:

May 27–August 1 Ages 5-12

Monday - Friday 7:00 am - 6:00 pm

Camp gives children the opportunity to learn, grow and have fun in a safe, caring environment surrounded by a committed staff. We look forward to a summer of exciting opportunities for children to have fun and learn in new ways! Children will participate in a variety of activities including: crafts, sports, team building games, songs, special speakers, swimming and field trips. Find Your Fun, Find Your Y! Every child that registers will receive a free camp t-shirt. Additional t-shirts will be available for \$10 each. Come visit us at the Y for your child's summer camp experience. We offer scholarships to families who qualify and are a vendor for DCS. All children attending Summer Day Camps must have a completed and signed immunization form on file at the YMCA before they can come to the camp. All of our staff are CPR, AED, & First Aid certified and have attended a Child Abuse Prevention and Camp Counselor Training.

A NON-REFUNDABLE Summer Camp Registration and \$10 per child/ per week deposit is due at time of registration.

REGISTRATION FEE: \$25 PER CHILD YM OR PM
DEPOSIT: \$10 PER CHILD/ PER WEEK

BILLING EXAMPLE: Registering 2 children for 2 weeks of Summer Camp: \$50 registration (\$25 for each child) and \$40 deposit (\$20 for each child, \$10 for each week), \$90 will be due at registration. First week of camp payment will be \$95 for 1st child and \$55 for 2nd child. Deposits will be taken off of weekly camp rate



	3 Day Rate		Weekly Rate: 4-5 days	
	1st Child	2nd Child	1st Child	2nd Child
YM	\$75	\$55	\$105	\$65
PM	\$90	\$70	\$125	\$85

Week	Theme
Week 1: May 27– 30	Jurassic Adventure
Week 2: Jun 2-6	Pirates
Week 3: Jun 9-13	Outer Space
Week 4: Jun 16-20	Superheroes
Week 5: Jun 23-27	Under the Sea

Week	Theme
Week 6: Jun 30– July 3	Down on the Farm
Week 7: Jul 7-11	Carnival
Week 8: Jul 14-18	Nature
Week 9: Jul 21– 25	Rainforest
Week 10: Jul 28– Aug 1	End of Summer

Specialty Day Camps: Registration begins on April 14th!

Specialty Camps give children a safe place to explore their interests. Camps are typically a week long and meet for 3 hours/a day either in the morning or the afternoon. Ages, prices, and exact days and times vary by camp, but you can expect to see themes related to STEAM, sports, and so much more!

SPRING PROGRAMS

Youth Classes and Leagues

Registration ends when Program is FULL or unless stated.

Registration period Mar 1st– Apr 1st.

LITTLE NINJAS: Ages: 3-5

Boys and girls will participate in a class inspired by gymnastics, martial arts, obstacle training, and freestyle movement.

Meets: Mon, Apr 7-28 6:00 pm – 6:30 pm Fees: \$25 YM \$45 PM

LITTLE KICKERS: Ages 3-5

Boys and girls will learn the basics of soccer in this great introductory class. Participants will learn fundamental skill development for soccer in a fun environment. Emphasis on dribbling, passing, and shooting This is a parent/child class. Parents will be asked to participate with their children.

Meets: Mon, Apr 7-28 6:30 pm – 7:00 pm Fees: \$25 YM \$45 PM

TAE-KWON-DO: LITTLE DRAGONS: Ages 3-6 yrs.

An introduction to Tae-Kwon-Do. Students will learn important life skills, while developing confidence, discipline and self-control. Beginning drills and forms will be taught to prepare students for the next level in Martial Arts

Meets: Mon & Wed, Apr 2-30 3:30 pm - 4:00 pm Fees: \$20 YM \$40PM

TREE CITY MARTIAL ARTS TAE-KWON-DO: Ages: 7 years and up.

Come learn Tae-Kwon-Do with Matt Boersma! Tae-Kwon-Do is a Korean martial art which focuses on kicks and power. Students will learn Tae-Kwon-Do drills and forms to improve their balance, strength, and speed, while also learning discipline, focus and self-control. Students can work toward their black belt through the Chung-Do-Kwon Tae-Kwon-Do Alliance.

Meets: Mon & Wed, Apr 2-30 4:30 pm - 5:25 pm Fees: \$35 YM \$50 PM

T-BALL LEAGUE: Ages 3-7: Age Groups 3-5 and 6-7

The YMCA is a great place to start learning about America's game. Games and practices emphasize teamwork and fair play.

Registration dates: March 17th– April 19th

Meets: Saturdays: May 3– June 14 (No Games May 24)

Fees: \$45 YM \$65 PM

1st Practice: Week of April 28th

Coaches Meeting: April 22nd at 6:30 pm



Registration period Apr 1st– May 1st.

LITTLE SLUGGERS: Ages 3-5

This class teaches children the basic skills necessary to play organized baseball, softball, or tee ball, while they work one-on-one and spend quality time with their parents. The program focuses on teaching children and their parents throwing, catching, batting, and running/agility skills without the threat of competition or the fear of getting hurt.

Meets: Mondays, May 5-19 and Tues 27th 6:00 pm – 6:30 pm Fees: \$25 YM \$45 PM

TAE-KWON-DO: LITTLE DRAGONS: Ages 3-6 yrs.

An introduction to Tae-Kwon-Do. Students will learn important life skills, while developing confidence, discipline and self-control. Beginning drills and forms will be taught to prepare students for the next level in Martial Arts

Meets: Mon & Wed, May 5-28 3:30 pm - 4:00 pm Fees: \$20 YM \$40PM

NO CLASS on May 26th

TREE CITY MARTIAL ARTS TAE-KWON-DO: Ages: 7 years and up.

Come learn Tae-Kwon-Do with Matt Boersma! Tae-Kwon-Do is a Korean martial art which focuses on kicks and power. Students will learn Tae-Kwon-Do drills and forms to improve their balance, strength, and speed, while also learning discipline, focus and self-control. Students can work toward their black belt through the Chung-Do-Kwon Tae-Kwon-Do Alliance.

Meets: Mon & Wed, May 5-28 4:30 pm - 5:25 pm Fees: \$35 YM \$50 PM

NO CLASS on May 26th

Registration period May 1st– Jun 1st.

LITTLE KICKERS: Ages 3-5

Boys and girls will learn the basics of soccer in this great introductory class. Participants will learn fundamental skill development for soccer in a fun environment. Emphasis on dribbling, passing, and shooting This is a parent/child class. Parents will be asked to participate with their children.

Meets: Mondays, June 2-23 6:00 pm – 6:30 pm Fees: \$25 YM \$45 PM

TAE-KWON-DO: LITTLE DRAGONS: Ages 3-6 yrs.

An introduction to Tae-Kwon-Do. Students will learn important life skills, while developing confidence, discipline and self-control. Beginning drills and forms will be taught to prepare students for the next level in Martial Arts

Meets: Mon & Wed: June 2-25 3:30 pm - 4:00 pm Fees: \$20 YM \$40PM

TREE CITY MARTIAL ARTS TAE-KWON-DO: Ages: 7 years and up

Come learn Tae-Kwon-Do with Matt Boersma! Tae-Kwon-Do is a Korean martial art which focuses on kicks and power. Students will learn Tae-Kwon-Do drills and forms to improve their balance, strength, and speed, while also learning discipline, focus and self-control. Students can work toward their black belt through the Chung-Do-Kwon Tae-Kwon-Do Alliance.

Meets: Mon & Wed: June 2-25 4:30 pm - 5:25 pm Fees: \$35 YM \$50 PM

SPRING PROGRAMS

TEEN PROGRAMS

Registration ends when Program is FULL or unless stated.

Registration period Mar 1st– Apr 1st.

ADVANCED/ADULT TAE KWON DO: Ages 16 and older

Tae Kwon Do is a Korean martial art which focuses on kicks and power. Students will learn Tae Kwon Do drills and forms to improve their balance, strength, and speed, while also learning discipline, focus and self-control.

Meets: Wednesdays: Apr 2-30 5:30 pm – 7:00 pm Fees : \$35 YM \$50 PM

BOARDGAME NIGHT: SPIRIT ISLAND

Are you a teen looking for something fun in to do on a Tuesday evening? Come join us here at the YMCA to play Spirit Island!

Meets: Tuesday, April 8th 6:00 pm – 8:00 pm Fees: FREE, must pre-register

LEADERSHIP ACADEMY: GRADES 11 & 12

Join the Teen Leadership Academy and help make an impact on your community. Fees are only paid once and then will be reimbursed back to student for participation in certain Leadership Academy projects.

Meets: Tues, Apr 1 & 15 7:00 pm – 8:00 pm Fees: \$100 YM and PM (one time fee)

TEEN PICKLEBALL:

Pickleball borrows aspects from badminton, tennis and other paddle sports. Its composite paddles and whiffle ball gives it a unique dynamic that requires its own strategy.

Meets: Thurs, Apr 3-24 4:00 pm – 6:00 pm Fees: \$10 YM and \$15 PM

STRAT-O-MATIC BASEBALL: SEASON 1

Strat-O-Matic is the boss of sports board games. It is easy to learn, but challenging enough to entertain! You make the player selections and all the in-game strategies to decide the outcome. Roll the dice to activate play, find the result on the statistically designed player card. Every player and dice roll is unique! Come to the YMCA and find out what it is all about!

Meets: Wed, Apr 2-30 6:00 pm – 8:00 pm Fees: \$5 YM and PM

Registration period Apr 1st– May 1st.

ADVANCED/ADULT TAE KWON DO: Ages 16 and older

Tae Kwon Do is a Korean martial art which focuses on kicks and power. Students will learn Tae Kwon Do drills and forms to improve their balance, strength, and speed, while also learning discipline, focus and self-control.

Meets: Wednesdays: May 7-28 5:30 pm – 7:00 pm Fees : \$35 YM \$50 PM

BOARDGAME NIGHT: RIVAL RESTAURANTS

Are you a teen looking for something fun in to do on a Thursday evening? Come join us here at the YMCA to play Spirit Island!

Meets: Thursday, May 6th 6:00 pm – 8:00 pm Fees: FREE, must pre-register

LEADERSHIP ACADEMY: GRADES 11 & 12

Join the Teen Leadership Academy and help make an impact on your community. Fees are only paid once and then will be reimbursed back to student for participation in certain Leadership Academy projects.

Meets: Tues, May 6 & 20 7:00 pm – 8:00 pm Fees: \$100 YM and PM (one time fee)

STRAT-O-MATIC BASEBALL: SEASON 2

Strat-O-Matic is the boss of sports board games. It is easy to learn, but challenging enough to entertain! You make the player selections and all the in-game strategies to decide the outcome. Roll the dice to activate play, find the result on the statistically designed player card. Every player and dice roll is unique! Come to the YMCA and find out what it is all about!

Meets: Wed, May 7-28 6:00 pm – 8:00 pm Fees: \$5 YM and PM

END OF SCHOOL YEAR CARNIVAL/PARTY:

Calling all Teens ages 12-18! Come ready to have fun at the YMCA for FREE! We will be having a 3 on 3 Basketball Tournament, Dodgeball games and much, much more!

Meets: Saturday, May 17th 3:00 pm – 7:00 pm Fees: FREE YM & PM

Registration period May 1st– Jun 1st.

ADVANCED/ADULT TAE KWON DO: Ages 16 and older

Tae Kwon Do is a Korean martial art which focuses on kicks and power. Students will learn Tae Kwon Do drills and forms to improve their balance, strength, and speed, while also learning discipline, focus and self-control.

Meets: Wednesdays: June 4-25 5:30 pm – 7:00 pm Fees : \$35 YM \$50 PM

BOARDGAME NIGHT: CLANK

Are you a teen looking for something fun in to do on a Thursday evening? Come join us here at the YMCA to play Spirit Island!

Meets: Friday, June 12th 6:30 pm – 8:30 pm Fees: FREE, must pre-register

DODGEBALL at the Y

Learn to dodge at the Y!!! The Dodgeball league will surely be a ball just do not get hit!

Meets: Wed, June 4-25 3:00 pm – 5:00 pm Fees: FREE YM and \$3 PM

SPLASH INTO SUMMER POOL PARTY:

Calling all Teens ages 12-18! Come ready to have fun at the YMCA for FREE!

Meets: Tuesday, June 10th 12:00 pm – 4:00 pm Fees: FREE YM & PM

**DECATUR COUNTY FAMILY YMCA
1 YMCA Way
Greensburg, IN 47240
812.663.9622**

Address Service Requested

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